#### STATE PREVENTION INVENTORY - UTAH PROFILE

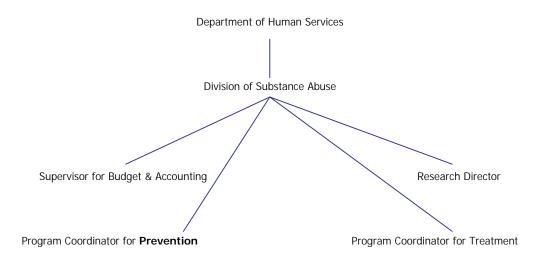
# STATE PREVENTION SYSTEM

# Structure and Organization

The Division of Substance Abuse within the Utah Department of Human Services is the lead ATOD agency for the State. There are 13 planning districts – which cover all 29 counties – that develop their own regional ATOD service plans annually and with whom the State contracts. In addition, the 13 planning districts provide a continuum of AOD services, including prevention, intervention, and treatment, while two other organizations provides AOD and other prevention-related services. The State transfers knowledge to the community directly through a statewide prevention system, through regional prevention systems, county prevention agencies, and community-based organizations.

Other organizations addressing ATOD problems in Utah include the Utah Substance Abuse and Anti-Violence Coordinating Council, Utah Federation for Youth, Inc., and the State Office of Education.

# **Organizational Chart**



## **FUNDING AND RESOURCES**

Year (FFY)	State Funding	SAPT Funding	20% Set- aside
1993	\$1,893,776	\$8,500,272	\$1,818,517
1994	1,498,231	8,562,656	1,975,994
1995	1,895,705	9,783,755	2,163,909

#### **Allocation of Funds**

CSAP	FFY	FFY	FFY
Strategy	1993	1994	1995
Information Dissemination	\$242,181	\$412,013	\$283,768
Education	1,056,546	899,435	1,193,891
Alternatives	124,786	204,861	391,793
Problem Identification and Referral	64,890	194,148	140,867
Environmental	187,951	58,181	52,453
Community- based Process	142,163	207,357	101,137
Other	0	0	0

Resource	FFY	FFY	FFY
Spending*	1993	1994	1995
Planning,	\$149,029	\$150,036	\$107,713
Coordination,			
and Needs			
Assessment			
Quality	67,993	45,741	28,530
Assurance			
Training (post-	43,336	22,931	10,558
employment)			
Education	1,679	1,403	834
(pre-			
employment)			
Program	51,655	65,896	28,340
Development			
Research and	24,800	12,469	10,122
Evaluation			
Information	39,331	38,056	32,231
Systems			

<sup>\*</sup> These expenditures fell outside the set-aside.

# Substate entities receiving set-aside funds for prevention service delivery

- ➤ 13 planning districts
- > 13 community-based organizations

#### Average amount of grant/contract:

> FFY 1993 - \$67,352

> FFY 1994 - \$76,000

> FFY 1995 - \$86,556

# Per-capita 20% set-side spending (population):

> FFY 1993 - \$0.97

> FFY 1994 - \$1.03

> FFY 1995 - \$1.10

# Staff/Volunteers designated and supported by set-aside funding and level:

FFY 1993 -

> State: 1 FTE/0 Volunteers

Regional: N/ALocal: N/A

> FFY 1994 -

> State: 1 FTE/0 Volunteers

Regional: N/ALocal: N/A

FFY 1995 -

> State: 2 FTE/0 Volunteers

Regional: N/ALocal: N/A

# STATE CONTACT

# **Sherry T. Young**

Program Coordinator for Prevention Division of Substance Abuse Utah Department of Human Services 120 North 200 West, Suite 201 Salt Lake City, UT 84145-0500 (801) 538-3939 (801) 538-4696 fax

hsadmin1.syoung@.state.ut.us

<sup>\*\*</sup>Information not available from State.

## PROGRAMS AND SERVICES

#### **Definition of Prevention:**

Utah defines prevention as "a proactive process which focuses on capacity-building for individuals, families, institutions, and organizations – including specifically-identified high-risk individuals and/or groups within the population." This process "is designed to promote the personal and social well-being of the individual to act on behalf of self and others in ways that promote positive lifestyles. Such actions thereby reduce or inhibit the abuse and/or illegal use of alcohol and other drugs and associated physical, emotional, or social impairment."

## Does the State have prevention plan?

No, but one is being developed for multiagency use within the State.

# Target populations for prevention services:

- Elementary and secondary school students
- Elderly
- > Hispanic and Asian youth

## **Total Number served:**

- ➤ FFY 1993 -N/A\*
- ➤ FFY 1994 N/A
- > FFY 1995 N/A

#### Programs funded:\*

Type	Type Number of Programs/Number Served			Programs
	FFY 1993	FFY 1994	FFY 1995	
Information dissemination	N/A***	N/A	N/A	Lending library, in cooperation with Utah Federation for Youth, Inc.; clearinghouse/information resource center; health fairs; health promotion programs; materials development; audiovisual materials; printed materials; curricula; newsletter; public service announcements; resource directory; materials dissemination; media campaigns; speaking engagements; telephone information lines
Education	N/A	N/A	N/A	Curricula (K-12); children of substance abusers (COSA) groups; education services for youth groups; parenting/family management services; peer leader/helper programs; small group sessions

<sup>\*</sup>Information not available from State.

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Туре	Number of Programs/Number Served			Programs
	FFY 1993	FFY 1994	FFY 1995	
Alternatives	NA/5,000- 10,000**	NA/5,000- 10,000	NA/5,000- 10,000	Annual Life Skills Conference; Governor's Youth Council; alcohol- and drug-free dances/parties; community drop-in centers; youth/adult leadership functions
Problem identification and referral	N/A	N/A	N/A	DUI education classes; employee assistance programs; student assistance programs;
Community-based processes	N/A	N/A	N/A	Annual Substance Abuse Conference; assessments of community needs (e.g., statewide needs assessments); community/volunteer training services; community teams
Environmental	N/A	N/A	N/A	Tobacco retailer education; environmental TA to communities; product pricing strategies

<sup>\*</sup>Utah's prevention programs utilize funding from a mix of Federal, State, and local funding sources.

# **DATA COLLECTION ACTIVITIES**

Results currently available on prevention programs funded by the 20% set-aside (including needs assessments and data collection):

To date, no 20% set-aside funds from the SAPT Block Grant have been utilized for a prevention needs assessment in the State of Utah.

# SUPPORT SERVICES

#### **Training and Technical Assistance:**

Training and technical assistance activities are provided on an *ad hoc* basis at the State level, using a blend of State and SAPT Block Grant funds (including 20% primary prevention set-aside monies). Specific training/technical assistance is conducted based on needs identified by the State, as well as requests from providers. The State also leverages its resources by collaborating with other State agencies to provide joint training sessions for substance abuse, criminal justice, tobacco use/abuse prevention, and education professionals.

<sup>\*\*</sup>Approximate number of participants attending Annual Life Skills Conference.

<sup>\*\*\*</sup>Information not available from State.

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#### **Certification Activities:**

Utah does not have a State certification process for substance abuse prevention professionals; therefore, no 20% set-aside funds are used. DUI Instructor Certification is carried out by the Division of Substance Abuse and may or may not require prevention-related training/knowledge..

#### **Endnotes**

Prior to September 1997, no data were collected from the prevention programs in the State. That month, as part of the CSAP Minimum Data Set (MDS) pilot program, Utah began collecting data on prevention activities within the State.

However, a recent project partially funded by CSAP was carried out in the State, consisting of a student survey and a household survey. The two surveys were designed to answer:

- ➤ How much ATOD use is there among youth and adults in Utah?
- ➤ How does adolescent ATOD use (and risk factors for ATOD use) compare with other States, and are there differences among the 13 districts of Utah?
- ➤ To what extent has ATOD use changed during the past decade?
- ➤ What is the incidence and what is the prevalence of substance use among Utah residents?
- ➤ How does the statewide use of substances compare to usage patterns described by previous surveys?